

Symptoms of PH

You can't tell that someone has pulmonary hypertension just by looking at them.

Breathlessness

This is one of the main symptoms of PH, and it's one of the reasons it takes many people a long time to be correctly diagnosed. PH is often mistaken for asthma, or anxiety. Imagine breathing through a straw; that's what it feels like for a lot of people with this condition.

Feeling tired or dizzy

Fatigue and a challenging lack of energy is common.

Fainting

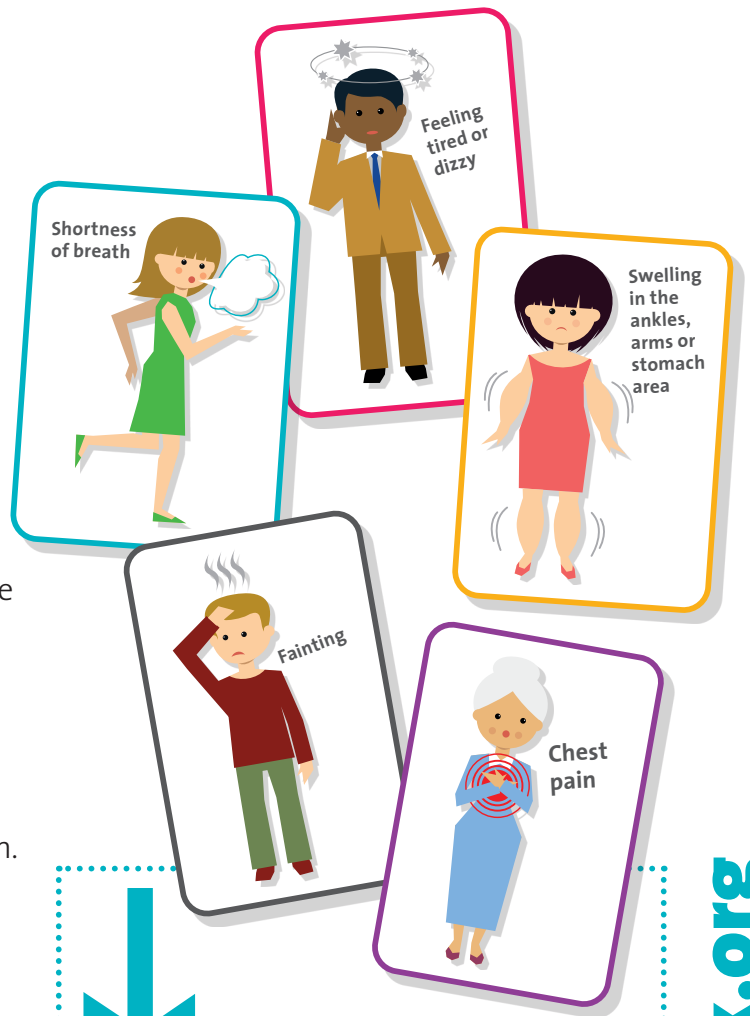
Also referred to as 'blacking out' or 'syncope', some people with PH experience fainting episodes. The risk of this is minimised once they start on treatment.

Chest pain and palpitations

Many people with PH experience a racing heart (palpitations) and chest pain (angina).

Swelling in the ankles, arms or stomach

Also known as oedema, swelling in these areas is due to an abnormal build-up of fluids.



The physical symptoms of PH can lead to emotional difficulties too. Scan this code to understand more about the 'hidden' impact of pulmonary hypertension.



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