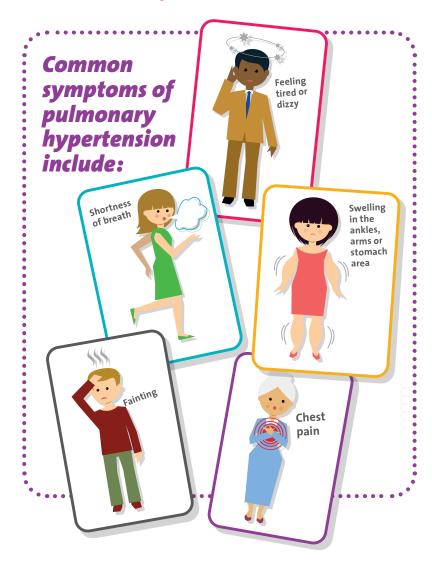


## **Could it be** *pulmonary hypertension*?



PH is a rare and life limiting condition that causes high blood pressure in the pulmonary arteries and can eventually lead to heart failure. In most people, it is associated with another condition such as congenital heart disease or connective tissue disease - but for some, it is idiopathic.

## Many people with PH are wrongly told they have asthma or anxiety.





2023 research by the PHA UK found that PHA UK found that **51%** of Patients Wait **51%** of Patients Wait Over a Year after first experiencing first experiencing being diagnosed, and being diagnosed, and **32%** have to see four **32%** 

## **Diagnosis and treatment**

Pulmonary hypertension is diagnosed via various investigations including echocardiograms, MRIs, and lung function testing. It is usually confirmed via a right heart catheterisation.

There are nine specialist pulmonary hypertension treatment centres across the UK – in London, Sheffield, Newcastle, Cambridge and Glasgow. Some patients who fail to respond to treatment require transplantation.

Earlier diagnosis gives patients improved survival rates and a better quality of life.